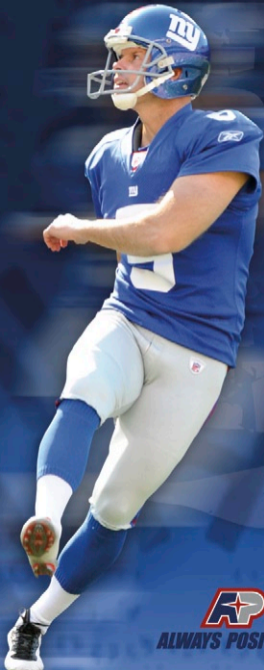


JOHN GARNNEY



AP
ALWAYS POSITIVE™

John Carney

Kicker



Ht: 6-2 • **Wt:** 185 • **College:** Notre Dame
Career: 21-Years Buccaneers, Rams, Chargers,
Saints, Chiefs, Jaguars and Giants • **Highlights:**
Super Bowl 1995, Pro Bowl 1995, 2008, 4th
place All-time scoring list (1,944 points)

Why am I Always Positive?

Despite being a walk-on, I left Notre Dame the all-time leader in field goal accuracy. As an undrafted free agent I bounced around NFL camps for 3-years before I finally got an opportunity with the Buccaneers. After six games in Tampa Bay, I found myself unemployed again and knew I had to choose a positive attitude if I was going to persevere.

Next I tried my luck on the West Coast with the Chargers and Rams, before a long-term opportunity opened in San Diego. I was blessed when Chargers GM Bobby Beathard graciously gave me an opportunity with the team, paving the way for a 21-year NFL career which included joining the defending World Champion New York Giants in 2008.

My life and career have been quite a journey. Best described by twists and turns, bumps and detours on this road of life, tears, laughs, smiles and surprises also fill my resume'.

Through it all, I am blessed and humbled to be called a child of God. The Bible is my playbook, and God's word does not return void. I hold two verses close to my heart which give me strength, courage, wisdom, poise and comfort. Proverbs 3:5-6 says, "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight." Likewise, Colossians 3:23 says, "Whatever you do, work at it with all your heart, as working for the Lord, not for men."

I am John Carney and I am Always Positive!

Join the movement at www.alwayspositive.org or learn more at www.alwayspositive.com

Photos: Jerry Pinkus